

City of Wylie Public Information Office MEDIA ADVISORY

300 Country Club Road, Wylie, Texas 75098 www.wylietexas.gov

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Black Light Zumba Party to Celebrate Wylie's Health and Fitness Month with more than 130 Participants

WHAT: The Wylie Recreation Center is being transformed for a Zumba Party to be attended by more than 130 participants. Attendees will take over the entire basketball court and have a blast as they move and glow under black lights. The Zumba party celebrates Wylie's Health and Fitness month.

Guests have been encouraged to wear white shirts and neon face paint and glow bracelets will be provided at the door for those wanting to stand out. Water and snacks will also be provided.

Zumba is a fusion of Latin and international music creating a dynamic, exciting and effective cardio exercise session. The routines feature interval training techniques with a combination of fast and slow rhythms that tone and sculpt the body.

WHEN: Saturday, January 19, 2013

8:30 pm - 10:00 pm

WHO: Wylie Residents, Visitors and Fitness Enthusiasts

WHERE: Wylie Recreation Center

300 Country Club Road Wylie, Texas 75098